



Kisan Cooker Cheers Farm Women



Gadag district is basically a drought prone area. Farm women have to walk 4-5 km as well as spend most of their leisure time for collecting firewood due to scarcity. Because of using traditional vessels and traditional chulha, farm families need high quantities of fire wood (10-15 kg) daily and on an average farm women spend 4-5 hours for cooking in a day. Many research studies have proved that cooking in traditional Chulha for 3 hours a day is equal to smoking of 20 cigarettes per day.

KVK Gadag refined Surakshita cooker developed by Rural Home Science College, UAS, Dharwad in 2002-05 to suit farm women of Gadag district and named it as Kisan Cooker. It has 18 gauze metal (thicker metal) that increases durability for about 10 to 12 years, 1000 -1200 gm capacity cooker bowl to suit medium size farm family and round shape bottom edge to catch full fire of chulha as well to enhance fuel efficiency and costs Rs 400/unit. It was introduced to farm women through 20 demonstrations in 13 villages viz., Dundur, Kadadi, Basapur, Asundi, Hulkoti, Kanavi, Hombal, Mallasamudra, Keralli, Harthi, Soratur, Chikkahandigol and Kurthakoti of the district during 2005-06 to 2007-08 and trained 377 members of women SHGs. Further, KVK supplied 129 Kisan Cookers, out of which 71 to KVKs within the state viz., Mysore (10), Raichur (10), Dharwad (10), Koppal (10), Gulbarga (6), Bellary (10), Bijapur (5), Bidar (10), and 5 to Rural Home Science College, UAS Dharwad and 53 to KVKs in other states viz., Pondicherry (10), Kasaragod (3), Thiruvannamalai (10) and Sholapur (30). Besides, 356 Kisan Cookers



Salient Features

- Kisan Cooker takes less time for cooking and requires only 0.5 kg firewood/day that costs Rs 2 for cooking
- Kisan Cooker reduced drudgery of farm women while cooking
- With Kisan Cooker 3 food items can be cooked at a time in one chulha
- No continuous attention is required while cooking by Kisan Cooker
- Gives more taste and smell to cooked food through Kisan Cooker

were supplied to farm women belonging to Gadag, Sirsi, Kumata, Mangalore, Raichur etc.

Kissan Cooker saves 2 hours of time, 3 kg of firewood and Rs 12/day which amounted to saving of 2.56 lakh hours of time, 3.84 lakh kg firewood and Rs 5.38 lakh in a year from 356 Kisan Cookers supplied to farm women. This implies medium size family can save 60 hours of time, 90 Kg of firewood and Rs 360 in a month. Few of farm women using Kissan Cooker are Smt Vijayalaxmi Somaraddi from Asundi village, Smt Jayashree Benni from Harti village, Smt Yellavva Basappa Kavalur from Basapur village, Smt Veena Bailey from Hombal village, Smt Kusuma Bhandi from Dundur village of Gadag district. Besides, drudgery in collecting firewood as well as cooking and inhalation of smoke was reduced daily by 2 hours. This made women to feel cheers in Kitchen.

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